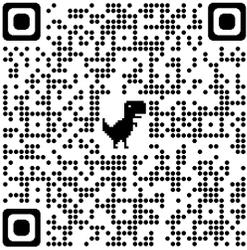


## BHRT Nutraceutical Studies/Literature Review

	<p>DHEA- NIH; National Institute of Medicine</p>
	<p>DHEA- OM</p>
	<p>Estro Dim- Ortho Molecular</p>
	<p>BHRT- NIH; National Institute of Medicine</p>

	<p><b>Omega-3 Fatty Acids for Major Depressive Disorder With High Inflammation: A Randomized Dose-Finding Clinical Trial</b></p> <p><i>Conclusions:</i> EPA 4 g/d demonstrated a medium effect size for response rates versus placebo. This dose may alleviate MDD in overweight individuals with elevated inflammatory markers, and change in hs-CRP may be correlated with clinical response.</p>
	<p><b>Omega-3 Supplements: In Depth- NIH; National Institute of Complementary and Integrative Health</b></p>
	<p><b>Probiotics- NIH; National Institute of Complementary and Integrative Health</b></p>